

PCMH 1G5 Notice to clinical staff members to view "Safe Swaddling" video from Children's Healthcare. This provided evidence based training to staff on the proper way to swaddle an infant.

**ATTENTION: All Clinical Staff**

**Brief clinical meeting, on Friday, 9/7/12 at 7:50am**

Agenda: Safe Swaddling by CHOA all Clinical Staff members must view

Re: notice from KHF on 9/3/12 regarding "Safe Swaddling"

**Action: watch video on the link provided and notify Administration upon completion**

Copy of notice from KHF

Dear Kids Health First Providers,

The Kids Health First Quality Management Committee would like to provide you with the following clinical information surrounding Safe Swaddling. Please take the time to review the information below.

Thank you,

**Safe Swaddling and Developmental Dysplasia of the Hip**

On behalf of Kids Health First, we would like to share information about safe swaddling with our members. Tim Schrader, M.D., Medical Director of Children's Healthcare of Atlanta Hip Program, has previously provided our members with educational information about the successful launch of the Developmental Dysplasia Hip Program, completed in 2010. Dr. Schrader, a pediatric orthopedist with Children's Orthopedics of Atlanta, and a member of the Georgia Pediatric Subspecialists, IPA also helped guide the development of the following information related to safe swaddling.

Swaddling mimics the comfort of the womb and has many benefits, if done correctly. Conversely, studies have shown that improper swaddling, with the infant's legs held closely together and the knees and hips extended, can lead to developmental dysplasia of the hip (DDH). Recently, Dr. Schrader and Children's Hip Program implemented a safe swaddling initiative. The goal of this initiative is to educate medical professionals in the community about safe swaddling techniques, so they can teach families and caregivers how to swaddle correctly.

As part of Kids Health First's goal to provide relevant educational information to our physician members, we encourage you to visit <http://www.choa.org/swaddlingpros>. Here you will find a video, which provides detailed instructions and additional information about safe swaddling.

Parents may also visit <http://www.choa.org/swaddling> to learn more about how to swaddle safely.

Children's also has some educational material available for parents and providers. Please contact Emily Reeves at [Emily.reeves@choa.org](mailto:Emily.reeves@choa.org) to obtain those materials for your practices.